



Supermobile Library in Sleights:

Have you visited the new Supermobile Library yet? The mobile library visits Sleights (Coach Road car park) on Fridays once a fortnight from 1.30-3.30pm.

"Come on board to check out our wide range of adult and children's books in ordinary and large print, audio books and DVD's, and use our laptops for free internet access. Joining the library is free, quick and easy—and if you pay us a visit during January or February 2015, you can claim a free loan of a DVD or audio book! So why not jump aboard—we'd love to see you! Visits by Community groups, schools and nurseries also welcome".

For further enquiries please contact Laura Dinning on 01609 534812 or email laura.dinning@northyorks.gov.uk. For dates of forthcoming visits, please go to the Supermobile library page on the NYCC website: www.northyorks.gov.uk.

Highway improvements: Road resurfacing between Sleights bridge and Iburndale Lane is now completed and alterations to the width of the pavement outside the Spar have improved safety for pedestrians.

Improved access to doctors: Sleights Churchfield Surgery is one of a group of surgeries taking part in a pilot scheme funded by the Government which enables local GPs to offer extra appointments between 6.15pm and 8pm on weekdays and between 10.30am and 2.30pm at weekends and on Bank Holidays. Each of the participating surgeries will be offering extra appointments on a different day of the week. Weekend appointments will be provided at the Endeavour Suite, Whitby Hospital.

It is important to note that this is <u>NOT</u> a walk in service and registered patients <u>MUST</u> book appointments <u>through their own surgery</u> even though they may be directed to one of the other participating local surgeries for their appointment.

Arriva Bus Journey Planning Tool:

Visit www.arrivabus.co.uk/journeyplanner/query/en for details of the above which enables you to plan your exact route in advance and receive real time updates on where your bus is.

Open Mind: A community service for people with mental health problems meets at Whitby Library every Wednesday at 1pm.

Street lighting issues: In order to reduce energy consumption and carbon emissions. NYCC is implementing a Street Lighting Energy Reduction Programme.

The new policy anticipates that 60% of street lights will be switched off between midnight and 5am. The Parish Council received a street light map and after consultation passed on their comments to NYCC based on local knowledge.

The police have been consulted and it was agreed that areas displaying significant levels of night time crime would remain illuminated.

Visit www.northyorks.gov.uk/streetlighting where proposed alterations in lighting will be shown on interactive maps as they are agreed.

Defibrillator: Some rural villages have procured a defibrillator to provide assistance to members of the public in the event of a cardiac emergency. The Parish Council considered making similar provision, but it was felt that the geographical spread of the Parish made it impractical to provide a facility which would make a significant contribution to local health provision.

Christmas Lights: A new set of lights, funded by York Potash, has been purchased to illuminate the tree on the daffodil green. This is to replace the original set which had developed faults.



New childcare business grants scheme: The scheme offers a range of grants, depending on the number of children attending and the length of sessions, for new childcare minding businesses setting up. For further information visit: http://www.childcarebusinessgrants.dcms.gov.uk/

Sexual Assault Referral Centre: The centre, known as Bridge House, opened in York in May 2014 and has already helped more than 55 victims of sexual crime who contacted the centre directly. Victims do not have to report the crime to the police and can contact SARC by phone 01904 669 399 or email via the website: http://www.turntobridgehouse.org/

Silverline www.thesilverline.org.uk or 0800 4 70 80 90: This is a free and confidential helpline, staffed by trained volunteers, providing information, friendship and advice to people over 65. It is open 24 hours a day, every day of the year. Its aim is to reduce loneliness and improve the lives of older people. Health experts have identified loneliness as having a noticeable effect on general health.

Bereavement Support: www.ruralyorkshire.org.uk This bereavement and skills project aims to connect bereaved older people in rural areas with help from their peers, community and businesses to learn new skills and build social support networks.



Keeping warm and health: NYCC public health team offers the following advice to help people stay warm and healthy in the winter

months:

- Be prepared—have your boiler and your electric blanket serviced
- Keep warm—set heating between 18 and 20 degrees. Improve insulation and fit draught proofing
- Stay healthy—get a flu jab. Speak to your doctor to see if you
 qualify. Have hot meals and hot drinks regularly to maintain body
 heat
- Stay active—keep moving

More advice is available at www.northyorks.gov.uk/winterhealth including details of any discount schemes and grants available.

Trading Standards advice regarding 'cold calling'. If you are approached by companies offering to lay tarmac, drives and paths, you are advised to obtain a number of quotes. You should also be aware that companies must offer a 14 day cooling off period in case you change your mind.

Street Lighting: The Parish Council continually monitors and reports any street lights that are not working; however, you can report direct to NYCC via http://www.northyorks.gov.uk/article/25604/Lighting---street-lights or by telephone: 0845 241 1307

Switching Energy Suppliers:

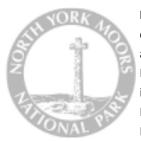


Many people are reluctant to switch energy suppliers imagining that it is a complicated business. However, Rural Action

Yorkshire provides useful information on how this can be done quite simply and so save householders money by receiving a better deal.

Visit: www.ruralyorkshire.org.uk for advice.

A price comparison website will allow you to compare energy suppliers prices, show how much you can save and help you find a better deal. They also provide a free, easy to use switching service.



Footpath Management: The Parish Council continually monitors footpaths within the parish and reports any relevant issues to North York Moors National Park. Recent footpaths with issues reported include Featherbed Lane, Footpath 11 and Footpath 18 (Blue Bank to Littlebeck and onto Iburndale).

If you spot an issue with a footpath please report to the Parish Council or contact NYMNPA direct:

Telephone: 01439 772700

Email: general@northyorkmoors.org.uk

Seasonal Greetings to all residents from the Parish Council

Councillors



Chairman Cllr Barry Truman Tel: 01947 810211 Vice Chairman Cllr Eric PrestonTel: 01947 810332 Cllr Guy Coulson Tel: 01947 810782 Cllr R Duck Tel: 01947 810947 Cllr Mrs Maisie Marsden Tel: 01947 810707 **Cllr Pat Perry** Tel: 01947 810329 Cllr Mrs Judy Powditch Tel: 01947 810444 **Cllr James Preston** Tel: 01947 810768 Cllr Lloyd Smith Tel: 01947 811051 Cllr Christine Stephenson Tel: 01947 811303 Cllr Dave Tate Tel: 01947 810153 Cllr Alf Watson Tel: 01947 810202 Clerk: Victoria Pitts Tel: 07791889737 Email: esk.ugg@gmail.com

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